### How to Network

When You're Not Networking

Presented by Kathryn Saxer www.kathrynsaxer.com

PROFESSIONAL &
CONTINUING EDUCATION
UNIVERSITY of WASHINGTON





## Who, What, Where, When, Why, How

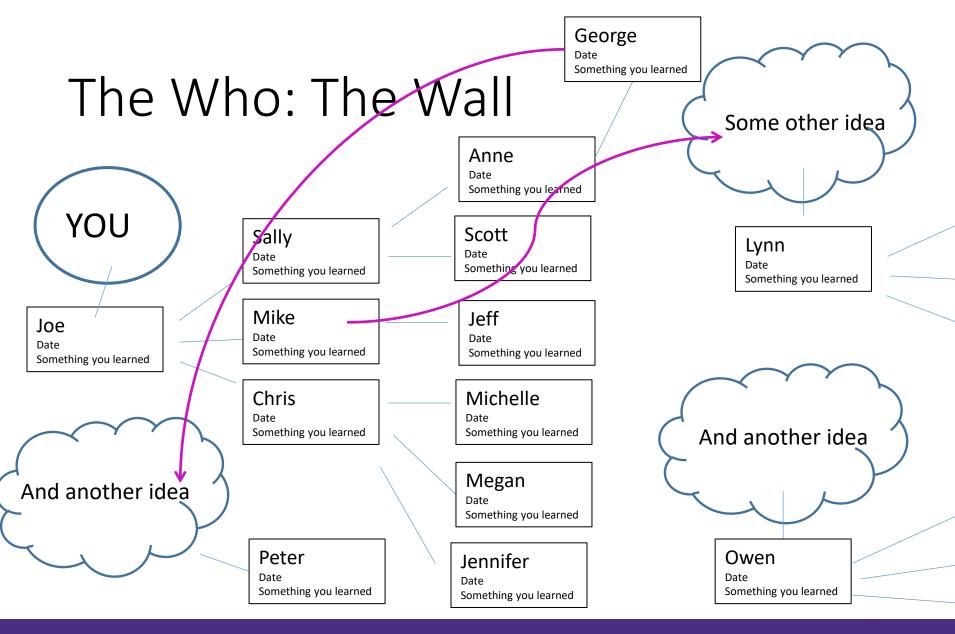
- Why do you need to be thinking about networking when you're not job searching?
  - Career lifecycle
- Who are you supposed to network with?
  - Luck management: The Rabbit Hutch
    - Yes! mindset
    - Jealousy
  - The Wall
- What are you supposed to say?
  - The Dreadfuls
- How do you reach out to someone you've never met?
- When is the right time to leave your current role?

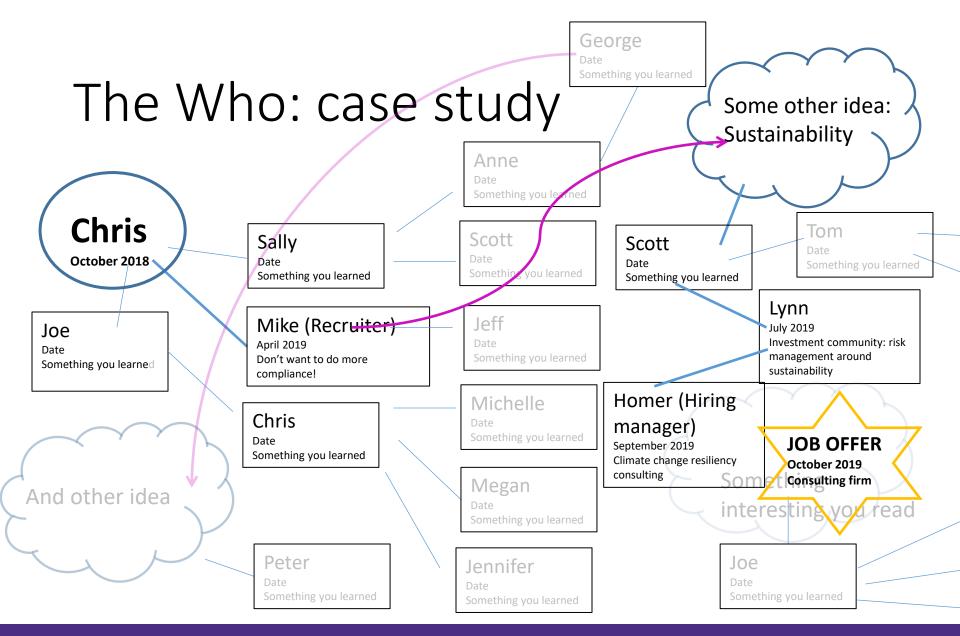


The Why: Career Lifecycle Step #1 You get a new job Step #2 Step #2x Step #4: You love your Of course, you may hate your You start looking new job new job. That's awesome, for a new job you've learned you never want to do that again. Step #3: You start getting tired of your

job, for whatever reason







# The What: "If it matters, you prepare."

- Dreadful #1: So tell me about yourself.
  - Variations: So what's new? What's your story? What's your deal? What have you been up to? What's up?
- Dreadful #2:
  - Career Lifecycle Step 2: What kind of work do you do?
    - Variation: What are you working on? What's your sweet spot? What's your wheel house?
  - Career Lifecycle Step 3 and 4: What kind of work are you looking for?
- Dreadful #4: How can I help?
  - Answer 4a: What ideas do you have?
  - Answer 4b: Who do you know?

"Again, you can't connect the dots looking forward; you can only connect them looking backward. So you have to trust that the dots will somehow connect in your future. You have to trust in something — your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life." — Steve Jobs, Stanford commencement speech, 2005



#### Flattery introduction

Hello Kathryn,

Thank you very much indeed for having accepted my invitation to connect, it is a real pleasure having you in my network on LinkedIn. I am reaching out to you since our common connection xxxxxxxxx recommended me to get in contact with you. I am a certified Coach with ICF, and a member of the ICF xxxxxxxxxx since I am currently based in xxxxxx. However I am exploring employment opportunities in the Talent and OD arena in the Greater Seattle area where I am relocating in xxxxxxxxx to be closer to my network of friends.

It's evident from your profile on LinkedIn that you are a high caliber coach and consultant, and I would greatly appreciate the opportunity to talk with you for 30-minutes, to hear your insights on the job market in the Greater Seattle and get your perspective on where you think I may fit and to which organizations I should focus my efforts. I will be in Seattle from xxxxxxxxx, and I would love to meet you one of those days. Would you be available for a coffee?

Listed below is a brief overview of my background and you can also find more information on my LinkedIn profile here: Blah blah blah. I look forward to hearing back from you, in the meantime I wish you a wonderful weekend and thank you, in advance for your generosity of time and expertise.

Warmly,

XXXXXXX



#### Recommended Reading

- Mindset: The New Psychology of Success, Carol S. Dweck (2007)
- The Confidence Code: The Science and Art of Self-Assurance What Women Should Know, Katty Kay & Claire Shipman (2014)
- Why We Sleep: Unlocking the Power of Sleep and Dreams, Matthew Walker (2018)
- The Captain Class: The Hidden Force That Creates the World's Greatest Teams, Sam Walker (2017)
- Quiet: The Power of Introverts in a World That Can't Stop Talking, Susan Cain (2013)
- Flow: The Psychology of Optimal Experience, Mihaly Csikszentmihalyi (2008)
- Range: Why Generalists Triumph in a Specialized World, David Epstein (2019)
- The Power of a Positive No, William Ury (2007)
- Why Won't You Apologize? Healing Big Betrayals and Everyday Hurts, Harriet Lerner, Ph.D, 2017



## Questions?

Kathryn Saxer

kathryn@kathrynsaxer.com

www.kathrynsaxer.com





